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B I S C O T T I

THE GROWN-UP TASTE OF WINE AND COOKIES

Translated literally, Vin Santo or "H... sip... wi... Th... co... co... ha... a t... oft... sh... is... les... bit... ab... be... ric... pic... co... an... co... be... ex... the... pa... ma... Ric... an... run... Un... a l... bo... an... Ov... ma... Im... an... sto... the... ad...
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—Ben Gilliberti

THE TASTING

■ **Ghiottini**, made in Italy; available at Giant's Someplace Special in McLean for \$12.99 for 14 ounces. These biscotti are bite-size cookies that have a lemon undertone and are a bit sweet. Their small size won high marks from almost all testers and many liked its flavor. "A nice mix of the almond, vanilla and citrus," said Meute.

■ **La Tempesta Biscotti Toscani**, made in California; available at almost any specialty food store, with prices ranging from \$5 to \$9 for an 8-ounce bag. Perhaps because these biscotti are the most widely known and available, many testers were able to guess correctly the brand of this dark-looking cookie, including Yonkers, who noted: "good quality for a commercial brand."

An Expert's Urge To Bake the Best

By Maida Heatter
Special to The Washington Post

Biscotti! Biscotti! Biscotti! That's all I see and smell and hear about all over the house all

day and all night. I am sick and tired of biscotti. I would give anything for a brownie or a bran muffin or a slice of pound cake. But

La Tempesta

Biscotti was rated the #1 domestic brand by The Washington Post recent biscotti survey. It's "the quality."

Now, from Italy, comes biscotti, which are emerging as "the cookies of '90s," declares Gourmet magazine in this month's issue. The reason is simple, writes Italian culinary expert Carol Field. "Biscotti have come into their own again because they are so lean and light, so healthy and adaptable to today's way of life."

Consider the facts: A cake doughnut has 210 calories and 12 grams of fat; a small bran muffin has 125 calories and 6 grams of

